

REGION 2

Mental Health Treatment Facilities per SAMHSA

CUMBERLAND

Bridgton

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|---|--|--------|-------|----------------|---------------------------|
| <p>NFI North Inc Bridge Crossing 15 Wayside Avenue Bridgton 04009 207-647-4404 http://www.nafi.com</p> | <p>Residential Center for Children. (Male and Female youth; program length as needed.)</p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>County or local government funds; Medicare; Medicaid; Other State funds; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds.</p> | Yes | Yes | No | No |
| <p>Tri County Mental Health Services 32 North High Street Bridgton 04009 207-647-5629 http://www.tchmhs.org</p> | <p>Outpatient. Telehealth.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; Community Mental Health Block Grants; Community Service Block Grants; Medicare; Medicaid; Military insurance (e.g., TRICARE);</p> | Yes | Yes | No | Yes |

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| | Other State funds; Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds. | | | | |
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Brunswick

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|--|---|--------|-------|----------------|---------------------------|
| Maine Behavioral Healthcare 11 Medical Center Drive Brunswick 04011 207-373-9417 http://www.mainebehavioralhealthcare.org | Outpatient. Cognitive behavioral therapy; Couples/family therapy; Group therapy; Individual psychotherapy; Psychotropic medication; Trauma therapy. Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid. | Yes | Yes | Yes | NA |
| Mid Coast Hospital Behavioral Health Unit 123 Medical Center Drive Brunswick 04011 207-373-6000 | Hospital inpatient. (Male and Female; program length as needed.) Cognitive behavioral therapy; Dialectical behavior therapy; Electroconvulsive therapy; Group therapy; Individual psychotherapy; Psychotropic medication. Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; U.S. Department of VA funds. | Yes | Yes | Yes | NA |
| Mid Coast Hospital Outpatient Behavioral Health 66 Baribeau Drive, Suite 9-10 Brunswick 04011 | Outpatient. Partial hospitalization. | Yes | Yes | Yes | NA |

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| <p>207-373-6950 http://midcoasthealth.com</p> | <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Psychotropic medication.</p> <p>County or local government funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State welfare or child and family services funds.</p> | | | | |
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Portland

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|--|--|--------|-------|----------------|---------------------------|
| <p>Spurwink Services Outpatient and Community Services 901 Washington Avenue, Suite 100 Portland 04103 207-871-1200 http://www.spurwink.org</p> | <p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>County or local government funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds.</p> | Yes | Yes | No | Yes |
| <p>Spurwink Services Glickman Academy 587 Ocean Avenue Portland 04103 207-871-1582 http://www.spurwink.org</p> | <p>Partial Hospitalization. (Male and Female Youth; program length as needed.)</p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Dialectical behavior therapy; Group therapy;</p> | Yes | Yes | No | No |

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| | <p>Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicaid; State education agency funds.</p> | | | | |
| <p>Wall Street 25 Wall Street Portland 04103 207-899-4798 http://www.pslservices.org</p> | <p>Residential Center for Adults. (Male and Female; program length as needed.)</p> <p>Activity therapy; Behavior modification; Psychotropic medication.</p> <p>Medicaid.</p> | No | Yes | No | No |
| <p>Maine Behavioral Healthcare 165 Lancaster Street Portland 04101 207-874-1030 http://www.mainebehavioralhealthcare.org</p> | <p>Outpatient. Telehealth.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Group therapy; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>County or local government funds; Community Service Block Grants; Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.</p> | Yes | Yes | Yes | NA |
| <p>Spurwink Services Spurwink Adult Behavioral Health 62 Elm Street Portland 04101 207-773-7811 http://www.spurwink.org</p> | <p>Outpatient.</p> <p>Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication.</p> <p>County or local government funds; Community Service Block Grants; Medicare;</p> | Yes | Yes | Yes | NA |

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| | Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds. | | | | |
| Day One Teen Center 343 Cumberland Avenue Portland 04101 207-874-1045 ext. 1200 | Outpatient. Child/Teen Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy. Medicaid; Other State funds; Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds. | Yes | Yes | No | No |
| Behavioral Health Resources of Maine 48 Free Street, Mezzanine Level Portland 04101 207-808-1384 http://www.behavioralhealthresources.me | Outpatient. Behavior modification; Cognitive behavioral therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy. Medicare; Medicaid; Private health insurance; Cash or self-payment; State mental health agency (or equivalent) funds; U.S. Department of VA funds. | No | Yes | No | No |
| Maine Behavioral Healthcare 576 Saint John Street Portland 04102 207-661-6548 Http://www.mainebehavioralhealthcare.org | Outpatient. ACT Team. Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual | Yes | Yes | Yes | NA |

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| | <p>psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicaid; State mental health agency (or equivalent) funds.</p> | | | | |
| <p>Greater Portland Health 180 Park Avenue Portland 04102 207-874-2141 http://www.greaterportlandhealth.org</p> | <p>Outpatient.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>County or local government funds; Community Mental Health Block Grants; Community Service Block Grants; IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.</p> | No | Yes | No | No |
| <p>Shalom House Inc. 130 Park Street Portland 04112 207-874-1088 Http://www.shalomhouseinc.org</p> | <p>Residential Center for Adults. (Male and Female; program length as needed.)</p> <p>Activity therapy; Behavior modification.</p> <p>Medicaid; Cash or self-payment; State mental health agency (or equivalent) funds.</p> | No | Yes | No | No |
| <p>Maine Medical Center 66 Bramhall Street Portland 04102 207-662-2221</p> | <p>Outpatient.</p> <p>Behavior modification; Cognitive behavioral</p> | Yes | Yes | Yes | NA |

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| http://www.mmc.org/mmc_body.cfm?id=2027 | <p>therapy; Couples/family therapy; Dialectical behavior therapy; Electroconvulsive therapy; Group therapy; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; U.S. Department of VA funds.</p> | | | | |
| <p>Catholic Charities Support and Recovery Services 66 State Street Portland 04104 207-871-7431 http://www.ccmaine.org</p> | <p>Outpatient.</p> <p>Behavior modification; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication.</p> <p>Medicaid; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds.</p> | Yes | Yes | Yes | Yes |
| <p>Maine Medical Center Mental Health Inpatient Program P6 22 Bramhall Street Portland 04102 207-662-0111 http://www.mmc.org</p> | <p>Hospital Inpatient. (Male and Female; program length as needed.)</p> <p>Activity therapy; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Electroconvulsive therapy; Individual psychotherapy; Psychotropic medication.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State</p> | Yes | Yes | Yes | NA |

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|--|--|-----|-----|-----|----|
| | welfare or child and family services funds. | | | | |
| Maine Medical Center Outpatient Psychiatry McGeachey Hall 216 Vaughn Street Portland 04102 207-662-2221 http://mainehealth.org/maine-medical-center | Outpatient. Partial Hospitalization. Activity therapy; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy. Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds. | Yes | Yes | Yes | NA |

Scarborough

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|---|--|--------|-------|----------------|---------------------------|
| Pathways of Maine Inc Southern Maine Regional Office 71 US Route 1, Suite H Scarborough 04074 207-774-3570 http://www.pathwaysofmaine.com | Outpatient. Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Individual psychotherapy; Trauma therapy. Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds. | Yes | Yes | No | No |

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|---|--|-----|-----|----|-----|
| <p>Crossroads for Women, Inc. 71 US Route 1, Suite E Scarborough 04074 207-773-9931 http://www.crossroadsme.org/</p> | <p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>Medicare; Medicaid; Private health insurance; Cash or self-payment; State welfare or child and family services funds.</p> | Yes | Yes | No | Yes |
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South Portland

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|---|--|--------|-------|----------------|---------------------------|
| <p>Port Resources 280 Gannett Drive, Suite B South Portland 04106 207-828-0048 ext. 101 http://www.portresources.org</p> | <p>Outpatient. Children/Seniors.</p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicare; Medicaid; Private health insurance; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds.</p> | No | Yes | No | No |
| <p>Day One 525 Main Street South Portland 04106 207-874-1045 http://www.day-one.org</p> | <p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; Community Service Block Grants; Medicaid; Military insurance (e.g., TRICARE); Private health</p> | Yes | Yes | No | No |

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|---|--|-----|-----|----|----|
| | insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds. | | | | |
| Connections for Kids 100 Gannett Drive, Suite A South Portland 04106 207-854-1030 ext. 1030 http://www.connectionsforkids.org | Outpatient. Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Individual psychotherapy; Trauma therapy. Medicare; Private health insurance; Cash or self-payment. | Yes | Yes | No | No |

Westbrook

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|--|---|--------|-------|----------------|---------------------------|
| Brook Street 401 Brook Street Westbrook 04092 207-871-1200 https://spurwink.org/ | Residential for Children. Activity therapy; Behavior modification; Cognitive behavioral therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy. Medicaid; Other State funds; Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds. | Yes | Yes | No | No |
| Community Health and Counseling Services | Outpatient. | No | Yes | No | No |

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|--|--|----|-----|----|----|
| <p>201 Main Street, Suite 6 Westbrook 04092 207-854-2155 http://www.chcs-me.org</p> | <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Individual psychotherapy; Trauma therapy</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds</p> | | | | |
| <p>Peregrine 2 Chesley Street Westbrook 04092 207-857-9419 http://www.pslservices.org</p> | <p>Residential Center for Adults. (Male and Female; program length as needed.)</p> <p>Activity therapy; Behavior modification; Psychotropic medication.</p> <p>Medicare; Medicaid; State mental health agency (or equivalent) funds.</p> | No | Yes | No | No |

Yarmouth

| AGENCY | LEVEL OF CARE, SERVICES and PAYMENT | SUD Tx | MH Tx | MAT PRESCRIBED | MAT Tx BUT NOT PRESCRIBED |
|---|---|--------|-------|----------------|---------------------------|
| <p>SequelCare of Maine 70 Bayview Street Yarmouth 04096 207-847-2273 ext. 209 http://www.sequelcareofmaine.com</p> | <p>Outpatient. Telehealth.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; Community Service Block Grants; Medicaid; Other State funds; Private health insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State-financed health insurance plan other than Medicaid;</p> | Yes | Yes | No | No |

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|--|--|--|--|--|--|
| | State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds. | | | | |
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(SAMHSA=Substance Abuse Mental Health Services Administration;
SUD=Substance Use Disorder; MH=Mental Health; Tx=treatment;
MAT=Medication Assisted Treatment)