

# REGION 8

## Mental Health Treatment Facilities per SAMHSA

### Caribou

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Life by Design 27 Birdseye Avenue Caribou 04736 207-492-1653 <a href="http://www.lifebydesignpa.com">http://www.lifebydesignpa.com</a></p>	<p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State welfare or child and family services funds.</p>	Yes	Yes	No	Yes
<p>Community Health and Counseling Services 7 Hatch Drive, Suite 120 Caribou 04736 207-496-3166 <a href="http://www.chcs-me.org">http://www.chcs-me.org</a></p>	<p>Outpatient.</p> <p>Behavioral modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Individual psychotherapy; Trauma therapy.</p> <p>Medicare, Medicaid, Military insurance (e.g., TRICARE), Private insurance, cash; VA funds.</p>	No	Yes	No	No
<p>Aroostook Mental Health Center 43 Hatch Drive, Suite 310 Caribou 04736 207-493-3361 <a href="http://www.amhc.org/">http://www.amhc.org/</a></p>	<p>Outpatient; Telehealth.</p> <p>Behavioral modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>Medicare, Medicaid, Military insurance (e.g., TRICARE), Private insurance, State corrections or juvenile justice funds; State welfare or child and family services fund; VA funds.</p>	Yes	Yes	Yes	NA
<p>New Day Counseling Services LLC 20 Old Van Buren Road Caribou 04736 207-492-1130</p>	<p>Outpatient.</p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy;</p>	Yes	Yes	No	No

	<p>Integrated dual diagnosis treatment; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private insurance; Cash; State mental health agency funds; state welfare or child and family service funds; State corrections or juvenile justice funds; State financed health insurance plan.</p>				
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## FORT FAIRFIELD

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Aroostook Mental Health Center Children's Crisis Stabilization Unit 8 Wesleyan Street Fort Fairfield 04742 207-473-9285 <a href="http://amhc.org">http://amhc.org</a></p>	<p>Residential treatment center for children. <b>(Male and Female youth; program length as needed.)</b></p> <p>CBT; Group therapy.</p> <p>Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds.</p>	No	Yes	No	No

## FORT KENT

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Life by Design PA 31 Market Street Fort Kent 04743 207-834-5430 <a href="http://www.lifebydesignpa.com/">http://www.lifebydesignpa.com/</a></p>	<p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; DBT; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>County or local government funds; IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; State corrections or juvenile justice funds; Cash; State welfare or child and family services funds; U.S. Department of VA funds.</p>	Yes	Yes	No	Yes

<p>Aroostook Mental Health Center Fort Kent Outpatient Office 104 East Main Street Fort Kent 04743 207-834-3186 <a href="http://www.amhc.org">http://www.amhc.org</a></p>	<p>Outpatient; Telehealth.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.</p>	Yes	Yes	No	Yes
<p>Northern Maine Medical Center 194 East Main Street Fort Kent 04743 207-834-3155 <a href="http://www.nmmc.org">http://www.nmmc.org</a></p>	<p>Hospital inpatient; Outpatient. <b>(Male and Female; program length as needed.)</b></p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Group therapy; Individual psychotherapy; Psychotropic medication.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid; U.S. Department of VA funds.</p>	No	Yes	No	No

## HOULTON

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Aroostook Mental Health Center Houlton Outpatient Office 11 Mill Street Houlton 04730 207-532-6523 <a href="http://www.amhc.org">http://www.amhc.org</a></p>	<p>Outpatient; Telehealth.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare</p>	Yes	Yes	No	Yes

	or child and family services funds; U.S. Department of VA funds.				
Community Health and Counseling Services Adult Child and Family Services 2 Water Street, Trust Building, Suite 2 Houlton 04730 207-532-5510 <a href="http://www.chcs-me.org/">http://www.chcs-me.org/</a>	Outpatient.  Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Individual psychotherapy; Trauma therapy.  Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; U.S. Department of VA funds.	No	Yes	No	No
Life by Design PA 18 High Street Houlton 04730 207-532-9660 <a href="http://www.lifebydesignpa.com">http://www.lifebydesignpa.com</a>	Outpatient.  Cognitive behavioral therapy; Couples/family therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.  IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State welfare or child and family services funds; U.S. Department of VA funds.	Yes	Yes	No	Yes

## MADAWASKA

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Aroostook Mental Health Center 88 Fox Street, Suite 101 Madawaska 04756 207-728-6341 <a href="http://www.amhc.org">http://www.amhc.org</a>	Outpatient; Telehealth.  Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.  Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.	Yes	Yes	Yes	NA

## PRESQUE ISLE

AGENCY	LEVEL OF CARE, SERVICES and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>County Behavioral Medicine 541 Main Street, Suite B Presque Isle 04769 207-554-2600 <a href="http://www.countybmed.org">http://www.countybmed.org</a></p>	<p>Outpatient; Telehealth.</p> <p>Activity therapy; Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p> <p>Community Mental Health Block Grants; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State-financed health insurance plan other than Medicaid; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.</p>	Yes	Yes	No	Yes
<p>Aroostook Mental Health Center Presque Isle Outpatient Office 1 Edgemont Drive Presque Isle 04769 207-764-3319 <a href="http://www.amhc.org">http://www.amhc.org</a></p>	<p>Outpatient; Telehealth.</p> <p>Behavior modification; Cognitive behavioral therapy; Couples/family therapy; Dialectical behavior therapy; Group therapy; Integrated dual disorders treatment; Individual psychotherapy; Psychotropic medication; Trauma therapy.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; State corrections or juvenile justice funds; Cash or self-payment; State mental health agency (or equivalent) funds; State welfare or child and family services funds; U.S. Department of VA funds.</p>	Yes	Yes	No	Yes
<p>Life by Design PA 147 Academy Street Presque Isle 04769 207-764-6825 <a href="http://www.lifebydesignpa.com/">http://www.lifebydesignpa.com/</a></p>	<p>Outpatient.</p> <p>Cognitive behavioral therapy; Couples/family therapy; Integrated dual disorders treatment; Individual psychotherapy; Trauma therapy.</p>	Yes	Yes	No	Yes

	County or local government funds; IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Other State funds; Private health insurance; State corrections or juvenile justice funds; State education agency funds; Cash or self-payment; State welfare or child and family services funds.				
Aroostook Mental Health Center Adult Crisis Stabilization Unit 162 Main Street Presque Isle 04769 207-768-3304 <a href="https://www.amhc.org/">https://www.amhc.org/</a>	Residential.  Cognitive behavioral therapy; Group therapy; Individual psychotherapy.  County or local government funds; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State mental health agency (or equivalent) funds	Yes	Yes	No	Yes

(SAMHSA=Substance Abuse Mental Health Services Administration;  
SUD=Substance Use Disorder; MH=Mental Health; Tx=treatment;  
MAT=Medication Assisted Treatment)